



# St. Patrick's School

SEPTEMBER 9, 2009

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## September tentative calendar

- Sept. 11 9:30 am – Whole school Mass  
Entertainment Books go on sale
- 15 9:30 am Mass Intermediate Students
- 17 7:00 pm Curriculum Night Parent/Teacher BBQ
- 18 Used uniform Sale
- 18 9:00 am Terry Fox Run
- 22 6:45 pm Gr. 7 Parent's Confirmation Meeting
- 23 9:30 Mass Primary Students  
Hot Lunch Day
- 24 Photo day— Individual student photos  
Entertainment Books due back
- 24 Last day to order winter uniforms
- 25 NO SCHOOL—Staff Retreat
- 27 4:30 Sunday Mass followed by BBQ Dinner  
and Blessing of New School Building

## Parents' Prayer

*O Heavenly Father, make me a better parent. Teach me to understand my children, to listen patiently to what they have to say, and to answer all their questions kindly. Keep me from interrupting them or contradicting them. Make me as courteous to them as I would have them be to me. Forbid that I should ever laugh at their mistakes, or resort to shame or ridicule when they displease me. May I never punish them for my own selfish satisfaction or to show my power. Let me not tempt my child to lie or steal. And guide me hour by hour that I may demonstrate by all I say and do that honestly produces happiness. Reduce, I pray, the meanness in me. And when I am out of sorts, help me, O Lord, to hold my tongue. May I ever be mindful that my children are children and I should not expect of them the judgment of an adult. Let me not rob them of the opportunity to wait on themselves and to make decisions. Bless me with the bigness to grant them all their reasonable requests and the courage to deny them privileges I know will do them harm. Make me fair and just and kind. And fit me, O Lord, to be loved and respected and imitated by my children.*

## Principal's Message

Once again, welcome back! We are privileged to have your precious ones back in our care. It's been amazing to see how much the children have grown over the summer, and it was wonderful to see you all as well. We hope you enjoyed the chance to socialize over a cup of coffee in the gym on Tuesday; thanks so much to our hot lunch moms who took care of this for us. Please enjoy this prayer which I came across in my files; I know it has helped me.

**Entertainment Books!** This is a reminder that we will once again be selling Entertainment coupon books for \$46 in September. The demo books will be available right from Friday, September 11th for a two week blitz. Tell your friends and family! This is an easy way to save money and support our programs at the same time!

**Food Bank;** We will be keeping the tradition of bringing food for the food bank to our 1st Friday, school Mass celebration each month. Please remember to send in a non-perishable items with your child on Friday.

**H1N1 Flu:** Please take the time to review the attached information from the Ministry of Healthy Living regarding managing the conditions of this latest virus. There is much useful material ranging from protecting your children, to recognizing if your child may have the virus, to helping them cope with the related stress. It is important that we work together to keep our children healthy, and your cooperation is critical.

**You are invited:** This year the staff of St. Patrick's School will be hosting a barbeque on September 17 at 7:00. The PEC will make a short presentation to begin the evening, after which we will enjoy the opportunity to socialize over a smokie and some salads. (This is not to be confused with the barbeque that will be held after the blessing of the school building.) Teachers will be available to answer questions about their programs and will have all the pertinent information about their programs and expectations available in paper form. (This evening is appropriate for adults only.)

**Terry Fox Walk:** Our school will be once again honoring the goal of local hero Terry Fox by participating in an abbreviated walk on Friday, Sept. 18. Look for permission slips to come home with your youngest child on Monday. We will require parents to walk with the intermediate students, as they will leave the school grounds. This involves a time commitment from 9:00 until approx. 9:30. Thanks for your support.

**Blessing of our new building:** In thanksgiving for seeing this long-awaited dream made a reality, we are proud to invite Archbishop Michael Miller to bless our new building. This event will take place on Sunday, September 27 after the 4:30 mass, followed by a BBQ dinner. Please come and join us in the celebration!

**Help Our Library**

If you are available in the next couple of weeks, we need your help with cleaning shelves, moving boxes of library books upstairs, and shelving books (eventually). A more detailed job list will eventually be posted, but at this point, our goal is still to take care of the basics. Thank you to the Francis family for donating a slipcover for the couch.

**Help Us Help Others – Please!**

We are still looking to increase our enrollment for next year. The best advertisement is always word-of-mouth, so if you are proud to send your child to St. Pat's, tell your friends and neighbours! If you are able to convince a family to enroll in our school, we will reward you with a \$200 Smart Card of your choice as a way of showing our appreciation. Please talk to your PEC members if you'd like more information, and thanks for your help.

**Calling All Chefs!** We would like to create some community spirit by putting together a St. Patrick's School cookbook. Each child will soon be asked to bring in a favorite family recipe; the primary students will focus on appetizers, soups, and desserts. Intermediate students will focus on salads, pasta, and main course recipes. Stay tuned for more details. We hope to have the books ready for purchase as Christmas gifts, and to sell at our trivia night.

**NOTICE REGARDING**

**The Junior BC Netball  
Skill Development Camp.**

Parent please note a time change for the above camp. The camp will be ending at Noon and not at 3:00 pm as indicated in the flyer that went out with the August Newsletter

**Used Uniform Sale:** We will be holding another used uniform sale on September 18th from 8:30 am to 10:00 am and from 2:30 pm to 3:30 pm. As we do in the Spring. This will give you an opportunity to purchase and / or sell used uniforms before submitting your order for the Winter uniform. Anyone wishing to sell uniforms are asked to attach an envelope to the garment with your name, phone number and the amount you are asking. Once again we will not be responsible for lost items. As in the spring we need help to do this. If you have some spare time to help out with the sale please contact Tonya Polz, our uniform coordinator at 604-462-9685. All unsold items not picked up by Monday, September 21st. Will be put in the used uniform cupboard and sold by donation to the school.

Hello Parents

Welcome back to another school year. I would very much like to thank everyone who was able to participate in the numerous fundraisers that I held last year. With the money that was raised apart from Trivia Night I wanted to let you know what it has been allocated for. The funds that are to be allocated towards an updated intercom/bell system for the old school to be connected to the new building and the remaining money will go to anything that the library may need. Thank you again for everything that you were able to do.

As you may have noticed in the newsletter we will be sending out the entertainments books next week. Last year many of you had told that if we had been able to send the books out earlier we could have done better. Well I heard you and early it is. Thank you for communicating with me.

With a new year comes new fundraising and asking for volunteers, if anyone is able to sell the entertainment books at any of the masses please let me know. We have the portable debit machine that we will be able to use at the back of the church. Ideally it would be great to have two people at the mass. If we could get volunteers for the Saturday 5:30 mass and the Sunday 11:30 mass that would be great and we will be better prepared and set up.

Please feel free to contact me with any ideas or suggestions for fundraising this year, my information hasn't changed 604 467 7186 778 835 9707 and a17186@telus.net.

Hope Everyone had a wonderful summer and thank you again for all of your support last year. See you at school  
Amber Lachance, PEC Fundraising

**RE: Hot Lunch Program:**

Our Hot Lunch Program part of the Healthy Schools Initiative Program instituted by the Provincial Government.

We are going to have a Hot Lunch almost **EVERY SECOND Wednesday** and no longer every Wednesday. The preparation of food every week was difficult for our Hot Lunch ladies so we have had to reduce the number of lunches this year.

The Hot Lunch orders will go home on **Monday** and be due back two days later on the **Wednesday of that week**. **PLEASE ensure that your child's order is sent back on time.** We cannot guarantee that you child will get a Hot Lunch if the order is late. **Remember to send in ALL Hot Lunch orders TOGETHER with ONE CHILD and ONE PAYMENT per family.** This can be brought in by any child and given to their teacher. We will separate the orders and place them in the appropriate grades. You may pay for your family Hot Lunch by cheque as you will be paying for a full month.

For your convenience we have listed below this year's menu and the dates the lunches will be served. Please keep this for your reference.

First Hot Lunch order forms for SEPT. & OCT. will go home on Monday, September 14<sup>th</sup> and due back Wed., Sept. 16<sup>th</sup>.

**Sept 23, 2009**

Hamburger / Turkey Burger  
Fries  
Caesar Salad / Veggies and dip  
Vanilla Ice cream

**Oct 7, 2009**

Tuna casserole / Cheese Quesadilla  
Garlic bread  
Caesar salad / veggies and dip  
Fruit cocktail

**Oct 21, 2009**

Jumbo Hot dog / Turkey Hot dog  
Sweet Potato Wedges  
Caesar salad/ veggies with dip

**Nov 4, 2009**

Turkey or Beef Meatballs mash potatoes  
And steamed veggies  
Caesar salad / veggies and dip  
Apple crumble

**Nov 18, 2009**

Chicken and veggies noodle soup  
Veggie noodle soup - With bun  
Caesar Salad/ veggies with dip  
Upside down pineapple cake

**Dec 2, 2009**

Chicken cordon blue  
With mashed potatoes and steamed  
Veggies and gravy  
Caesar Salad/ veggies with dip

**Dec 16, 2009**

**Special Turkey dinner**

**January 13, 2010**

Hamburger / Turkey burger  
Fries  
Caesar Salad / Veggies and dip  
Rice pudding

**January 27, 2010**

Seafood pasta / Pasta Bolognese  
Caesar salads/veggies and dip  
Garlic bread

**Feb 10, 2010**

Fish and chips with coleslaw  
Caesar salads/veggies and dip  
Cake

**March 3, 2010**

Hot dogs / Turkey dogs  
Fries  
Caesar salad/veggies with dip  
Rice crispies squares

**March 17, 2010 St. Patrick's Day**

Irish stew and soda bread and butter  
Caesar salad/veggies with dip  
Lime Jello  
Cookie

**March 31, 2010**

Chicken chow main  
Chicken Wrap  
Steamed rice  
Caesar salad/veggies with dip

**April 14, 2010**

Sushi / Egg or spring rolls  
Caesar Salad/veggies with dip  
Vanilla pudding

**April 28, 2010**

Turkey or Beef Meatballs with  
rice and veggies  
Caesar Salad / Veggies and dip  
Cake

**May 12, 2010**

Turkey Hot dogs / Jumbo Hot  
dogs  
Fries and coleslaw  
Caesar Salad / Veggies and dip  
Chocolate pudding

**May 26, 2010**

Mac and cheese / Tuna wrap  
Garlic bread  
Caesar salad / veggies and dip

**June 9, 2010**

Fish and chips with  
Coleslaw  
Caesar Salad / Veggies and dip  
Jello

This year's menu is based  
n a survey done with the  
students last year.  
Kindergarten children will  
be able to participate in  
the hot lunch program.